



Corporate Fitness Coordinator and Personal Trainer Opportunity – Vancouver Area

LifeWorks Health Systems is currently looking for a professional, motivated, self-directed individual for a half time (approximately 20 hour per week) position as a Corporate Fitness Coordinator in the Vancouver area. Successful applicants will have all of the following qualifications:

- Supervisory or Management experience in the Health and Wellness field
- Degree in Human Kinetics, Kinesiology, P.E. or related field (or in the later stages of completion)
- Registration with BCRPA, CanFitPro, ACE or other recognized national certification as a Fitness leader, Strength Trainer, and Personal Trainer.
- Group Fitness Instructor certification and experience a must
- SFL/TFL a strong asset
- Current First Aid, CPR
- Liability Insurance

Position details include:

- Supervision of a corporate fitness and wellness facility
- Liaison to LWHS and corporate personnel re: operations of the fitness center
- Facility operations management (member services, membership registration, equipment maintenance facilitation, basic facility tidiness, reporting, etc)
- Member services –program development/updates, education (handouts, bulletin boards, website etc), instructing workshops/specialty classes and programs as applicable, wellness programming, etc.
- Volunteer Fitness team leadership/support
- Wellness Practitioner support
- Other general operations as they pertain to maintaining a welcoming, safe and effective fitness facility

If this sounds like you please email your cover letter and resume as a word attachment to Allison Giuliani at agiuliani@lwhs.com ASAP. Start date approx. October 1st 2009 must be available for training prior to October 1st.

Please note - We thank all applicants however only those chosen for interview will be responded to.