



Corporate Fitness Consultant

LifeWorks Health Systems Inc is currently looking for an experienced, motivated, energetic, self-directed fitness professional for a part-time position as a Corporate Fitness Consultant in Kelowna. Successful applicants will ideally have all of the following qualifications:

- Minimum 2 years experience in the Health and Wellness field
- Degree or Diploma in Human Kinetics, Kinesiology, Recreation or P.E. (or in the later stages of completion)
- Registration with BCRPA or other recognized national certification as a Group Fitness Instructor and Personal Trainer
- Experience teaching Group Fitness Classes (Boot camp, Core classes, TBC etc.) and Personal Training
- Instructor certification in Yoga and Pilates (an asset)
- Current First Aid and CPR
- Liability Insurance up to \$5 million

Fitness Consultant contract is set at 4 hours per month plus additional hours brought in through Personal Training and instructing Specialty Programs (walking/running clinics, Bootcamp, Fitness Classes etc.)

If this sounds like you please email your cover letter and resume to Allison Giuliani, Director of Human Resources/Business Operations at agiuliani@lwhs.com. Position start ASAP.